

Balanced Catering Lunch Menu

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Non-Veg Hot Food

•Mini Frankfurt	\$1.40
•Mini Sausage Roll	\$2.00
•Oven Baked Nugget	\$1.40
•Party Pie	\$2.00
•Steamed Dim Sim	\$2.20
•Chunky Beef Pie	\$5.20
•Chunky Chicken & Veg Pie	\$5.20
•Hot Dog Plain	\$4.50
•Hot Dog with Sauce	\$4.99
•Hot Dog with Cheese & Sauce	\$5.50
•Hot Dog with Cheese & No Sauce	\$5.00
•Butter Chicken with Rice	\$9.99
•Stir-Fry Chicken & Vegetable with Rice	\$9.99
•Beef Burger (Lettuce,Cheese,Tomato&Tomato Sauce)	\$9.50
•Grilled Chicken Burger (Lettuce,Cheese& Mayo)	\$8.50

Vegetarian Hot Food

• Corn on Cob	\$3.00
• Macaroni & Cheese	\$7.99
• Mini Sausage Roll	\$2.00
• Oven Baked Hash Brown	\$2.70
• Party Pie	\$2.70
• Pastie	\$3.00
• Spring Roll	\$1.00
• Veggie Burger (Lettuce, Tomato, Cheese & Mayo)	\$7.50

Gluten-Free Hot Food

• Nuggets	\$1.70
•Party Pie	\$2.50
•Mini Sausage Roll	\$2.50

Snacks

•Whole Fruit (Banana, Apple, Orange)	\$3.00
•Seasonal Fruit Salad	\$6.99
•Vanilla Yoghurt	\$4.20
•Vanilla Yoghurt with Berries & Sauce	\$4.99
•Fruit Kebab with Chocolate Sauce	\$4.99
•Jelly Cup	\$3.99
• Cookie	\$3.50
•Muffin (Blueberry or Chocolate)	\$4.99
•Banana Bread	\$4.99
•Chocolate Brownie	\$5.70
•Raisin Bread (with/without butter)	\$4.20
•Croissant with Cheese & Ham	\$5.70
•Air Popped Popcorn	\$3.99

Salads

Sizes:

- Small – \$8.50
- Large – \$9.99

Options:

- Chicken Salad – Lettuce, Cherry Tomatoes, Cucumber, Carrot, Red Onion, Cheese, Light Dressing
- Egg Salad – Boiled Egg, Lettuce, Cherry Tomatoes, Cucumber, Carrot, Red Onion, Cheese, Herb Mayo
- Tuna Salad – Tuna, Lettuce, Cherry Tomatoes, Cucumber, Carrot, Red Onion, Cheese, Herb Mayo

Sandwiches – Build Your Own

Step 1: Pick a Bread

- White / Wholemeal / Multigrain – FREE
- Bread Roll \$1.00
- Gluten-Free Bread \$1.00
- Focaccia \$1.20
- Toasted \$0.50

Step 2: Choose Your Sandwich

- Ham Sandwich \$4.50
- Chicken Tandoori Sandwich \$5.50
- Fresh Chicken Mix \$5.20
- Sweet Chilli Chicken Strip \$5.50
- Egg Sandwich \$4.50
- Tuna Sandwich \$4.50
- Cheese Sandwich \$4.00
- Vegemite Sandwich \$3.00
- Raspberry Jam Sandwich \$3.00

Extras:

- Salads (Lettuce, Tomato, Carrot, Cucumber) - \$1.00 **each**
- Dressings – Mayo, Mustard, Pickles, Cranberry Sauce, Honey, Vegemite, Tandoori Sauce - **Complementary**
- Avocado – \$2.00 | Chicken – \$1.50 | Ham – \$1.20 | Cheese – \$1.00 | Egg – \$1.20

Meal Deals

Meal Deal1	\$8.80
• Sandwich with 2 Fillings	
• Cookie or WholeFruit	
• Juice or Water	
Meal Deal 2	\$8.80
• 2 x PartyPies or 2 x MiniSausageRolls	
• Popcorn, Whole Fruit, or Cookie	
• Juice or Water	

Drinks

•Juice Box (Apple,Orange,Tropical)	\$3.60
•Flavoured MilkBox(Strawberry,Chocolate)	\$4.00
•Bottled Water	\$3.50

Daily Specials

Tuesday

- Fried Rice \$8.70
- Vegetarian Fried Rice \$7.50

Wednesday

- Sushi \$4.70
- Teriyaki Chicken, Carrot & Cucumber
- Tuna & Mayo, Spring Onion, Avocado
- Vegetarian – Cucumber, Carrot, Avocado, Mayo

Thursday

- Spaghetti Bolognese (with peas, carrot & corn) \$8.70

Friday

- Homemade Pizza \$6.50
- Hawaiian – Ham, Pineapple, Mozzarella
- Margarita – Mushroom, Mozzarella, Italian Herbs
- BBQ Chicken – Ham, Pineapple, Chicken, BBQ Sauce, Mozzarella
- Vegetarian – Mushroom, Capsicum, Pineapple, Corn, Mozzarella